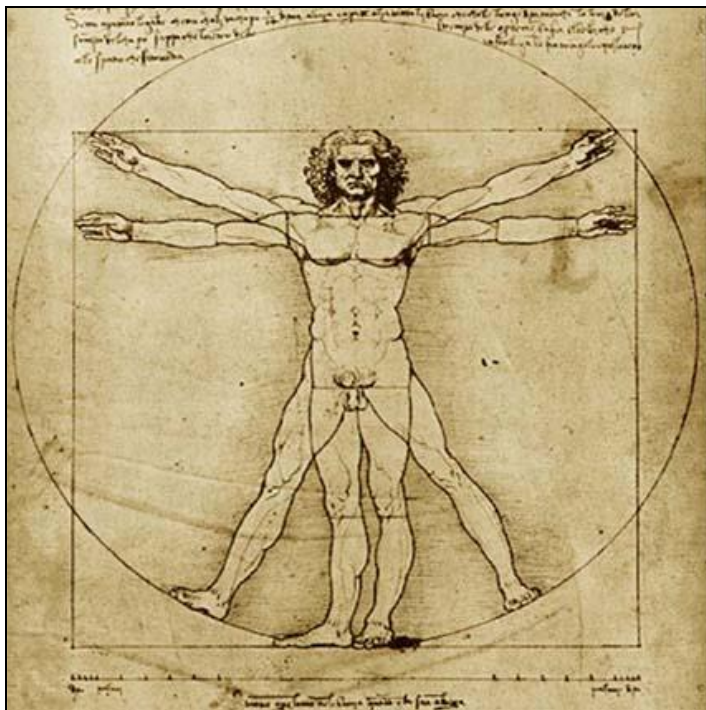


# 9<sup>th</sup> Guildford Advanced Pain & Symptom Management Courses



**6-7<sup>th</sup> September 2021 – Midland Hotel, Manchester**

**27-28<sup>th</sup> September 2021 – Royal College of Physicians,  
London**



Guildford Advanced Courses

## Background

David Sackett and colleagues have stated that “the practice of evidence-based medicine means integrating individual clinical expertise with the best available external clinical evidence from systematic research”. In many instances, there is a lack of strong evidence to support the therapeutic interventions utilised within Palliative Care / Medicine. However, the amount of evidence has significantly increased, and the quality of evidence has also significantly increased, over the last few years. Nevertheless, clinical practice continues to be influenced more by historical anecdote than by contemporary evidence.

The aim of this 2-day advanced course is to provide delegates with an up-to-date, evidence-based review of the management of pain and other common symptoms / problems. The topics have been chosen because of their impact on the patients’ quality of life, and the lecturers chosen because of their knowledge of the subject matter. The lectures will be supplemented with relevant reading materials, including slide presentations, and a detailed reference / reading list.

The course has been developed to address the educational needs of CNSs in Palliative Care, StRs in Palliative Medicine (particularly those about to undertake the SCE in Palliative Medicine), and Consultants in Palliative Medicine. The course organizers are Prof Andrew Davies (Professor of Palliative Medicine, Dublin), and Dr Andrew Dickman (Consultant Pharmacist, Liverpool).

One course is being held at the Royal College of Physicians in London, and the other at the Midland Hotel in Manchester. The two courses are identical in terms of lectures / lecturers.

**The course is sponsored by pharmaceutical / other companies, which may be present on the day with exhibition stands**

## Programme Day 1

09.30-09.40: Chairman's introduction

09.40-10.20: Cancer pain guidelines – any consensus?  
Paul Farquhar-Smith

10.20-11.00: Opioids – how do they work (and why don't they work all the time)?  
Graeme Henderson

*COFFEE BREAK*      *11.00-11.30*

11.30-12.10: Methadone  
Andrew Dickman

12.10-12.50: Hydromorphone – a German perspective  
Michael Uberall

*LUNCH*                      *12.50-13.50*

13.50-14.30: Opioid-induced constipation  
Andrew Davies

14.30-15.10: Radiotherapy & radionuclides for bone metastases  
May Teoh

*COFFEE*                      *15.10-15.40*

15.40-16.20: What else is new (pain)?  
Andrew Davies / Andrew Dickman

16.20-17.00: Historical aspects of pain  
Joanna Bourke

17.00-18.00: Reception (networking)

## Programme Day 2

09.30-09.40: Chairman's introduction

09.40-10.20: Cannabinoids – white knights or white elephants?  
Barry Laird

10.20-11.00: “Off-licence” prescribing  
Jo Thompson

*COFFEE BREAK*      *11.00-11.30*

11.30-12.10: Mental capacity  
Caroline Barry

12.10-12.50: Hypoactive delirium and other causes of impaired consciousness  
Jason Boland

*LUNCH*                      *12.50-13.50*

13.50-14.30: Exercise in advanced disease – benefit or burden?  
Matthew Maddocks

14.30-15.10: QTc prolongation and extrapyramidal adverse effects: cause for concern?  
Paul Paes

*COFFEE*                      *15.10-15.40*

15.40-16.20: What else is new (symptoms)?  
Andrew Davies / Andrew Dickman

16.20-17.00: Supportive care – new name or new paradigm?  
Richard Berman

## Lecturers

Prof Andrew Davies

Professor of Palliative Medicine, Trinity College Dublin / University College Dublin / Our Lady's Hospice Dublin

Dr Andrew Dickman

Consultant Pharmacist, Royal Liverpool Hospital, Liverpool

Dr Caroline Barry

Consultant in Palliative Medicine, Norfolk & Norwich University Hospitals

Dr Richard Berman

Consultant in Palliative Medicine, Christie Hospital, Manchester

Dr Jason Boland

Senior Clinical Lecturer in Palliative Medicine, University of Hull

Prof Joanna Bourke

Professor History, Birkbeck College, University of London

Dr Paul Farquhar-Smith

Consultant in Pain and Anaesthetics, Royal Marsden Hospital, London

Prof Graeme Henderson

Professor of Pharmacology, University of Bristol

Dr Barry Laird

Reader in Palliative Medicine, Edinburgh University

Dr Matthew Maddocks

Senior Lecturer in Health Services Research, King's College London

Dr Paul Paes

Consultant in Palliative Medicine, Northumbria Healthcare NHS Trust

Dr May Teoh

Consultant Clinical Oncologist, Royal Surrey County Hospital, Guildford

Jo Thompson

Lead Nurse Supportive & Palliative Care, Royal Surrey County Hospital, Guildford

Dr Michael Uberall

Vice-President German Pain Association

## **Other Information**

### **Enquiries**

Email address: [guildfordadvancedcourses@gmail.com](mailto:guildfordadvancedcourses@gmail.com)

Website: <http://www.guildfordadvancedcourses.co.uk>

### **Registration fee**

The registration fee includes all refreshments, and on-line access to course materials (lectures, reading / reference list).

### **Cancellations**

Cancellations up to 4 weeks before the conference will incur a £50 administration fee: thereafter no refunds will be given, although substitution of delegates will be allowed.

### **COVID-19 pandemic**

*The courses / courses venues will adhere to all relevant public health measures relating to the COVID-19 pandemic.*

*The courses will take place in 2021, and the plan is to hold a face-to-face event, but if this is not possible, then to proceed with a virtual event. Applicants are presumed to agree to this proposal.*

### **Continuing Professional Development**

The courses have been approved for 11 external clinical credits by the Federation of the Royal Colleges of Physicians of the United Kingdom.

### **Privacy policy**

Please see the course website for details about our privacy policy: applicants are presumed to agree to the privacy policy (unless otherwise stated).

## Registration (1)

Register by completing / returning this form, or register via course website:  
<http://www.guildfordadvancedcourses.co.uk>

**Title:** .....

**Surname:** .....

**Forename:** .....

**Work address:** .....

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**Address for correspondence:** .....

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**Email address:** .....

**Special dietary / other needs:** .....

### *TICK BOXES THAT APPLY*

Course venue:

Manchester (6-7th September)

London (27-28th September)

Course fee:

Standard rate (£495 - inclusive of VAT)

*“4 for 3” offer available on request*

## Registration (2)

Payment options:

PayPal / debit card / credit card (via website)   
<http://www.guildfordadvancedcourses.co.uk>

Cheque (made payable to Guildford Advanced Courses)

Invoice<sup>†</sup>

*<sup>†</sup>Invoices will incur an administration fee of £25.00 (inclusive of VAT)*

Details of finance person dealing with invoices (name, address, email address, phone number)

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